



Code Of Conduct

We like to think of Evoke as a gymnastics family who care for and protect the safety & wellbeing of all its members. We believe that respecting & understanding our members concerns will make Evoke a club where children can grow in confidence, have resilience and learn that hard work can bring rewards in all walks of life.

Evoke encourages its community to be open about any concerns or complaints, sharing them with the coach or Welfare Officer, so that we can work together to improve our relationship.

Below is the Code of Conduct to highlight our expectations from members, parents and officials of Evoke Gymnastics.

GYMNASTS

1. Please be ready for your session 5 minutes before you are due to start.
2. Clothing/Uniform: leotard and shorts for girls and boys. Or shorts and t-shirt. Leggings are acceptable provided they do not restrict freedom of movement.
3. Hair must be tied back securely.
4. Please remove all jewellery, including earrings, necklaces, bracelets & rings.
5. Inform coach of any injuries before the session starts. Any injuries that have occurred during the session or in the gym must be reported to a coach.
6. Please listen to your coach at all times and follow their instructions.
7. Always train with a positive attitude.
8. Please respect, support and encourage your fellow club members.
9. Please maintain a good standard of behaviour at all times. See our behaviour policy for sanctions for poor behaviour.
10. Do not use bad language.
11. Please note you are not permitted on any equipment until your coach has advised you to do so.
12. Please take care of the club's equipment and treat it with respect.
13. Make sure you have a drink (water) with you for every session.
14. No food or gum is to be consumed within the gym.
15. Gymnasts should never leave the training gym without asking their coach.
16. After session remain with the coach until picked up by parent/guardian.
17. No mobile phones in the gym.



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PARENTS / CARERS

1. Please make sure that your child is ready 5 minutes before the start of the session.
2. Please make sure to take your child all the way to the gym entrance and not just drop them at the car park.
3. Please ensure your child is appropriately dressed for their class and that they have plenty of water to drink (No sugary drinks).
4. Appreciate good efforts and performances by all participants. Set a good example by your own conduct, behaviour and appearance.
5. Respect coaches and other officials decisions and encourage children to do likewise.
6. Promote good sportsmanship at all times. Never force your child nor punish/belittle them for making mistakes. Support your child's involvement, focus on their efforts and help them to enjoy gymnastics.
7. Please use correct and appropriate language at all times whilst at Evoke. Do not address any criticism toward your child, another child or any officials in front of other club members.
8. Always collect your child promptly at the end of a session.
9. In the case of absence, please let the club know prior to the start of the session.
10. Please make payments for terms, competitions or other events on time.
11. Please make sure that all changes in contact details are communicated to Evoke as soon as possible .
12. Parents should speak with the coach in charge if they are concerned about any coaching/development matter. Any welfare issues must be addressed to the head coach or club Welfare Officer (Samantha Mulvey)
13. Parents/guardians are kindly requested to make sure that children do not bring items of value such as watches with them. Please note that Evoke cannot be held responsible for lost or stolen items.



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COACHES / JUDGES / OFFICIALS / VOLUNTEERS

1. Must be familiar with all British Gymnastics Policies found on the website.
2. Hold the appropriate, valid qualifications, insurance cover & DBS check.
3. Always display high standards of behaviour and appearance.
4. Make sure that you are dressed suitably.
5. Consider the well being and safety of gymnasts before the development of performance.
6. Develop an appropriate working relationship with members based on mutual trust and respect.
7. Make sure all activities are appropriate to the age, ability and experience of those taking part.
8. Ensure all participants are suitably prepared physically and mentally for the session.
9. Always promote the positive aspects of the sport such as fair play and the importance of team work.
10. Encourage gymnasts to value their performance and not just results.
11. Never consume alcohol immediately before or during training or events.
12. Make sure that confidential information is not divulged unless with the expressed approval of the individual concerned.
13. Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the BG Child Protection procedures.